

# GFF Meeting 3

3/14/24



## Football Reminders

- Running clock stops for penalty enforcement, scores, EP, change of possession.
- Punts are returnable by R but must be caught “cleanly,” no juggles or muffs
- 2 min warning at 23:00 or less is just that – a warning not a TO.
- Legal screen blocking behind the LOS offensive players can move or shuffle feet to stay in front of defensive players. Beyond the LOS they must come to a stop to set a screen.
- Fumbles are dead where they hit the ground, unless A fumbles into B’s EZ, then it’s placed at the spot A loses possession.

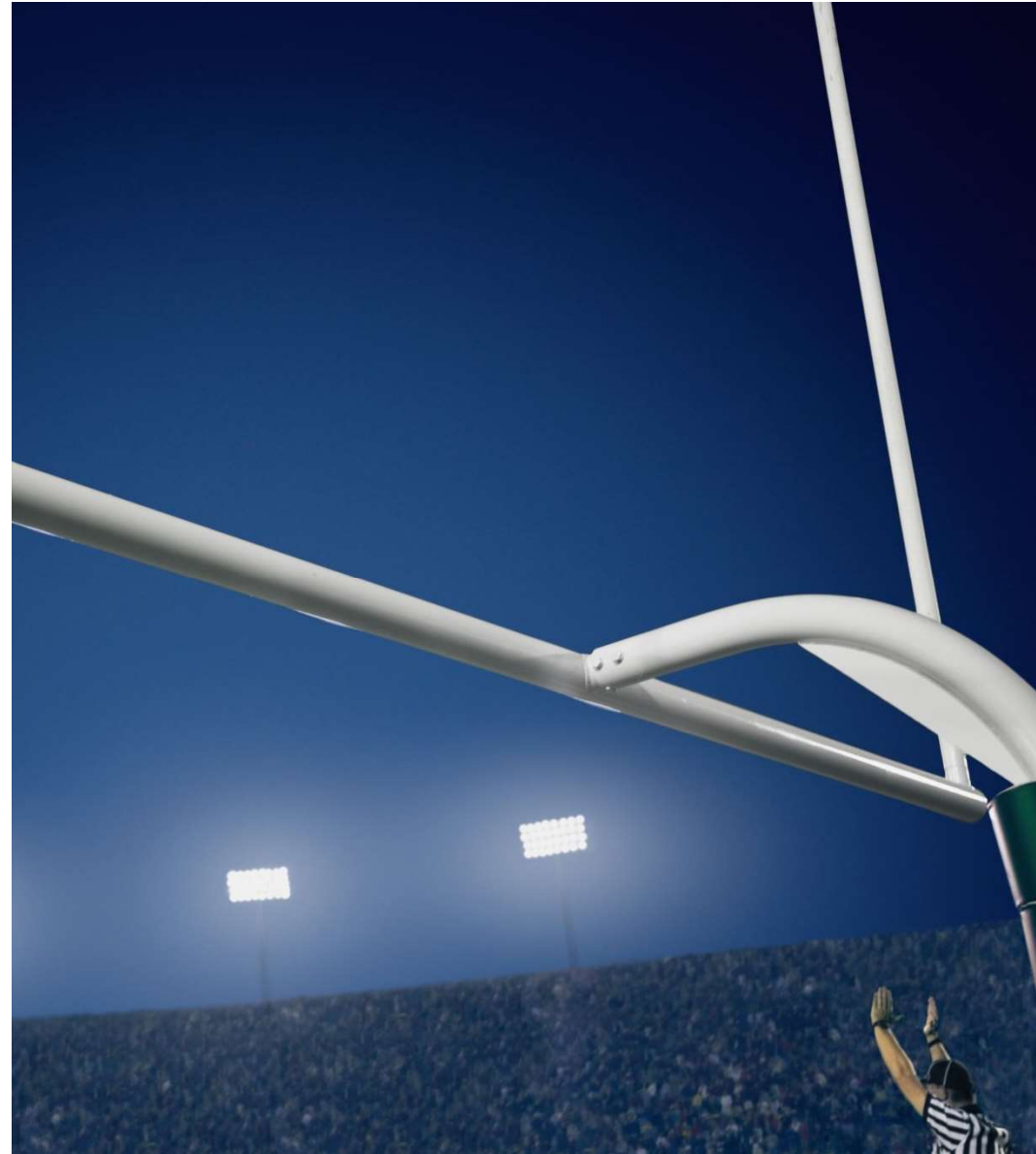
# Equipment Reminders

- No hard braces below the waist unless covered by ½ inch closed cell slow recovery foam/rubber
- No hard billed or brimmed hats
- No pants or shorts with pockets
- Nothing extra hanging down from the jersey, belt or shorts that simulates a flag.



# General Reminders

- Team must have 5 player to start or continue a game
- 2 TO's per half, 1 per OT period – OT only for playoffs
- If at runner's flag belt inadvertently falls off during play, the defense will tag the runner with one hand somewhere between the shoulders and waist, in order to down the runner.
- If the QB's flag is pulled before the ball is released from their hand, the player is downed
- Defense is not allowed to remove the offensive players flag belt only flags





## General Reminders

- Offensive may not always need to gain 20 yards for a first down – sometimes it will be shorter due to where they start their possession ie after a turnover or after a punt
- Defense can never rush the punter
- Punter must catch the snap and in one continuous motion kick the ball away.
- Kickers can never recover or recover and advance their own punt.
- Quick kicks by the offense are not allowed



# Football Passing Reminders

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- Passer's foot/feet must be behind the LOS
- Only one forward pass per down
- The ball can advance past the LOS and come back it and then have a forward legal pass
- Receiver must come down with at least one foot inbounds with possession or if by judgement of the covering official they would have if there is contact by the defense