RYFC C Squad Rules 2023

<u>General</u>	8 on 8 football	Football Size – Pee Wee
 Field Dimensions: 60 X 35 yards with 10-y zone One actual sideline of field is used The opposite sideline is marked with cone hashmarks Cones are placed every 5 yards on hashm (more if possible) Endzone is marked with traditional pylons 	• Or s at the field narks side rul	(FC Rules with mandatory play count, per player in place the coach allowed on the field for each team 10-minute quarters, clock will be stopped as per normal section V es (FC Overtime Rules in place)

• If final score result is more than a 28-point spread, winning team will forfeit. Forfeiting team can appeal to executive board within 24 hours. During a lopsided game, it is strongly recommended that a winning team informs the opposing team, and referees, how they are attempting to avoid a blowout. This could help with the appeal.

Basic Rules and Regulations

- Ball is placed at the 40yd line heading into respective end zone for initial possession
- Change of Possession after score, turnover or beginning of half = 40-yard line
- All turnovers are considered a dead ball. IF turnover results in change of possession, possession starts at the 40 yd line

Scoring- 6 points for touchdown.

• All PATs are attempted through a run or pass try. Coaches can choose to go for 1 point from the three-yard line or 2 points from the five-yard line	 If <u>offensive penalty</u> occurs while scrimmage line is the 40, a loss of down results; no loss of yardage. If loss of 1 yard or more is result, no loss of down
• No Special Teams (punts, kickoffs, extra point kick etc.)	• There are no two-point defensive safeties. All tackles behind the 40- yard line result in a loss of that down, but the offense retains the ball, and the ball is re-spotted at the 40-yard line, unless it was a 4 th down play

<u>Offense</u>

 Positions: Center, Right Guard, Left Guard, Right End, Left End, Quarterback, Running Back, Running Back 5 players on L.O.S. No more, no less: Center, Right Guard, Left Guard, Left receiver, Right receiver (tight or wide, any combination) Offensive line must be balanced on either side of the center (see diagrams) No restrictions to backfield formation. No motion prior to snap allowed 	 1-yard max splits by interior linemen (guards and tight ends) No QB sneaks or QB direct runs inside guards (A gaps) All linemen in 2pt, 3pt or 4pt stances allowed A fumble is NOT blown dead <u>until</u> ball is recovered A failed snap between center and QB does not end play.
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Legal Offensive line options:

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TE G C G TE	WR G C G TE	WR G C G WR
2 Tight ends	<u>1 TE and 1 WR</u>	2 Wide Receivers

<u>Defense</u>

•	<u>Positions</u> : Defensive Players on line of scrimmage can ONLY match Offensive	All linemen in 2pt, 3pt or 4pt stances allowed		
	Players, heads up, except for Center. Offensive Center Must Remain Uncovered	 Defensive linemen must engage with offensive lineman before penetrating A gap 		
•	Defense <u>must</u> cover offensive guards heads up. Defense can cover any other offensive player, on line of scrimmage, heads up, but can	All linebackers 5 yards off line of scrimmage		
	choose not to.	One safety, 10 yards of line of scrimmage <u>each</u> play		
•	All defensive players, not heads up on offensive lineman, must be a minimum of 5 yards off line of scrimmage	Inside the 5-yard line, linebackers and safety can move up to the goal line. This rule is in place during extra point attempts as well		