

## Holding - Pause - Read - React

- 1 Holding can sometimes be best determined by **watching** the **disengagement**. What effect does it have on the play?
- 2 Grasping of an opponents' shirt doesn't necessarily mean holding. When the shirt is **stretched** because a defensive player is trying to get away, it's a hold.
- 3 Did the hold **restrict** the **movement** of the defender who is **trying** to make a tackle?
- 4 Was the defender **still able** to make **penetration** up field?
- 5 Was the defender **still able** to make or **participate** in the play?
- 6 Was the runner already **past** the point where the supposed hold took place?
- 7 Takedowns on defenders trying to get away are **holding** fouls.

<b>PAUSE</b> - See the act	<b>READ</b> - Digest the Results	<b>REACT</b> - Make the Decision
<b>Take downs</b>	<b>It's a Foul</b>	<b>Throw the flag.</b>
<b>Potential Offensive Hold</b>	Opponent being blocked <b>tackles</b> runner <b>behind</b> the LOS or <b>near</b> the spot of the potential hold.	<b>NO call</b> had no effect on the play.
<b>Potential Offensive Hold</b>	<b>Another defensive</b> player is <b>tackling</b> runner <b>behind</b> the LOS.	<b>NO call</b> had no effect on the play.
<b>Potential Offensive Hold</b>	No LOS i.e. punt or kickoff return. Player being held is <b>involved</b> in making the tackle or <b>another defensive</b> player is <b>tackling</b> runner.	<b>NO call</b> had no effect on the play.
<b>Potential Offensive Hold</b>	Action clearly occurs <b>after</b> the pass has been thrown to a downfield receiver.	<b>NO call</b> had no effect on the play.
<b>Potential Offensive Hold</b>	Action occurs <b>away</b> from the <b>point of attack</b> and has <b>no effect</b> on the play.	<b>NO call.</b>
<b>Potential Offensive Hold</b>	Part of a <b>double</b> team block.	<b>NO call</b> - Unless the opponent is pulled to the ground by one of the blocker's
<b>Potential Offensive Hold</b>	During a defensive charge a defensive player uses a <b>rip</b> technique that puts an offensive player in a position that would normally be called holding.	<b>NO call</b> - Unless the defender's feet are taken away from him by the offensive player's actions.